



Sermon Title: Not So Fast - Fasting Part III Pastor Randy Hood
Scripture Reference: Matthew 9:14-17

Connect: Grow together

- In what new way did God show up in your life this week? If you think He did not show up this week, how do you make sense of that?
- What are you thankful for this week?

Deeper: Beyond the message

- What was the main point of today's message? How would you summarize it in one to three sentences?
- What did the message say about you and God's people?
- How did this message connect to the previous two messages?

Application and Challenge

- Our Catholic and Orthodox siblings in Christ often celebrate Lent, where they give up something for 40 days prior to Easter. Have you ever known someone to do this? What was it like spiritually for them?
- Fasting comes with a cost. We will give up something, at least temporarily. What will it be like for us to "forfeit something good for something better?"
- How can you safeguard times to pray for Pathways in the coming three weeks? What will it take to do this?
- How can we encourage each other in the coming three weeks about fasting and seeking God?

- Recurring prayer: Stop a bit early and pray for these breakthroughs
Pastor Randy mentioned: for Pathways, for the completion of the construction project and for personal spiritual breakthroughs in our lives.
And continue praying for folks you know who need Jesus.
- Personal reflection question: How will I pray this week to seek God's voice regarding fasting?
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