



NEW HORIZONS SMALL GROUPS

Sermon Title: “Following Jesus - Do Not Worry” – Pastor Randy Hood
Scripture Reference: Matthew 6:25-34

Connect: Grow together

1. In what new way did God show up in your life this week?
2. What are you thankful for this week?

Deeper: Beyond the message

3. What was the main point of today’s message? How would you summarize it in one to three sentences?
4. What did the message say about you or God’s people?
5. What did the message mean for our church?

Application and Challenge

6. How do you tend to handle worry? What are your two or three tendencies?
7. What do you think of Augsburger’s claims that worry is irrelevant, irresponsible and irreverent?
8. How can we live out Matthew 6:25 and stop worrying?
9. Reflect on Randy’s suggestion to list all the potential things for you to worry about, and identify things you can do something about and pray for James 1 wisdom to act on them. What would that exercise mean for us?
10. Read Proverbs 3:5-6 several times out loud in various translations. How can that bring comfort in times of worry?

11.Read Romans 12:2. What does it look like when Christ transforms your mind? How can He transform your mind regarding worry?

12.For some folks worry is also an extension of fear. Reread Matthew 6:25-34 again and ask God for courage and faith to overcome worry.