



NEW HORIZONS SMALL GROUPS

Sermon Title: Alive In Christ- Ephesians Part I Randy Hood

Scripture Reference: Ephesians 1:1-6

Connection:

- What do you remember most from last week's sermon?
- How did you hear God's voice or sense His presence this past week?
- What are you hopeful for in 2023?

Reflection:

- Summarize this week's sermon in one to three sentences. What was the main point of the message?
- What did the message say about you, God's people or the world?

Application

- How is believing in one god different from what others around the world believe? What does it mean for us today to worship Jesus as God and not to worship other gods?
- What does verse 3 mean by "blessed us in the heavenly realms with every spiritual blessing in Christ?" What are some spiritual blessings we have received?
- What is the difference between "what we do" and "who we are?" Where do we spend more time and focus - on our life defined by work or social relationships, or our life defined in Christ?
- What does our new identity in Christ mean? What does that mean for us on a daily basis? How can we best live in that new identity this week?
- Pastor Randy spoke of how past negative experiences in life can still control our thoughts if we let them. What might you need to do today to be free of such negative thoughts? What do you need to release to Jesus today?

- Pastor Randy concludes with suggesting we write down negative thoughts to see them and ask God to set us free from them, and he asks us to continue reading in Ephesians to underline where we see who we are in Christ. What might this practice of journaling do for us?
- End by praying together in recognizing that God chose us to love us and to set us free from sin. Pray for New Horizons to be a lighthouse in Spokane to share this good news with others this new year.