



Sermon Title: “He makes me Lie Down” - Randy Hood
Scripture Reference: Psalm 23

Connect: Grow together

- 1- How has God shown up this week in your life?
- 2- What can you be thankful for this week? Any stressors?
- 3- How are you doing on your spiritual or personal growth? Did you gain any ground last week?

Deeper: Beyond the message

- 1- What was the main point of the message this week? How would you say it?
- 2- What stood out to you?
- 3- What did the message say about you, God’s people or the world?
- 4- How does this message apply in your life?

Application and Challenge

- 1- Read Matthew 11:28-30 Which burdens are you struggling with the most? (Pride, Comparison, Overload, Busyness, Guilt, “I”)
- 2- How are you hearing the Shepherd call you to life practices that might not be your preference?
- 3- Read Exodus 20:8-11 How are you resting, or practicing the Sabbath?
- 4- How do you need to rest?
 - How’s your physical rest?
 - How’s your “cud” time?